

**Graduate Student Mentorship Map**

Academic

Advising Research & Support

Teaching Guidance

Substantive Feedback

Access to Opportunities

Professional

Intellectual Community

Sponsorship

Career Guidance

Public Engagement & Outreach

Name

Well-Being

Role Models

Safe Space

Personal and Emotional Support

Family

Friends

Other

## Academic

- **Academic & Research/Scholarship Support:** Individuals who provide guidance on course selection, degree and program requirements, and milestones, or individuals who support and guide research and scholarship activities (advisor, dissertation committee, other faculty, lab members, etc.).
- **Teaching Support:** Individuals who provide support and guidance for teaching endeavors.
- **Substantive Feedback:** Individuals who provide feedback that advances work in a meaningful way such as feedback on written drafts, oral presentations, etc..
- **Access to Opportunities:** Individuals who provide connections to internal and external opportunities such as teaching, fellowships, additional professional development experiences, internships, etc..

## Professional

- **Intellectual Community:** Individuals who promote intellectual growth and creativity through the open exchange of ideas both inside and outside of your department (peers, faculty, etc.).
- **Sponsorship:** Individuals who provide direct connections to opportunities (e.g., job interviews, speaking engagements) using their influence and networks.
- **Career Guidance:** Individuals who support job planning and preparation which can include career exploration, job application materials review, interview preparation.
- **Public Engagement & Outreach:** Individuals who identify and encourage participation in volunteer opportunities that have impact beyond the university such as lectures to broader public, diversity, equity, and inclusion, etc.

## Well-Being

- **Role Models:** Individuals whose behavior, example, or success you want to emulate.
- **Safe Space:** A place or environment that fosters confidence and protects from exposure to discrimination, criticism, harassment, or any other emotional or physical harm.
- **Personal and Emotional Support:** Individuals who help you thrive while fully experiencing the diverse range of human emotions, experiences, and vulnerabilities.
  - **Friends**
  - **Family**
  - **Other:** Individuals/groups/organizations that are supportive of your mental and physical well-being.