#### **Unit Assessment Plan Guidelines**

Office of the Provost and Academic Affairs

# Couples and Family Therapy

## **Learning Goals and Objectives**

<u>Student Learning Outcome 1:</u> Students will develop an understanding of professional conduct and ethical standards and will demonstrate an ability to effectively apply their knowledge in clinical practice.

<u>Student Learning Outcome 2:</u> Students will develop an ability to critically evaluate the research literature and demonstrate an understanding of the relationship between research results and clinical decision-making.

<u>Student Learning Outcome 3:</u> Students will gain an understanding of the core theoretical assertions of couples and family therapy and will critically assess their own systems-oriented theory of change.

<u>Student Learning Outcome 4:</u> Students will develop attitudes that value human diversity, will practice culturally-sensitive analysis and critical self-awareness when counseling diverse populations, and will demonstrate cultural competence in all professional activities.

<u>Student Learning Outcome 5:</u> Students will develop an understanding of the unique systemically-oriented assessment and intervention competencies, will apply them effectively in practice, and will critically evaluate their own practice.

### **Assessment Methods**

Student Learning Outcome 1: Students will develop an understanding of professional conduct and ethical standards and will demonstrate an ability to effectively apply their knowledge in clinical		
practice.		
Assessment	Benchmark	
Formal Client Presentation (FCP)	100% of graduating students will score 80%/ above on FCP	
	items 3, 11, 12.	
Comprehensive Exam 2 (C2)	100% of students will score 3.0/above on all pertinent	
	sections of exam.	
Comprehensive Exam 1 (C1)	100% of students will score 80%/above, CI items 2, 3.	
End of Term Practicum Evaluation (ET)	100% of students will score 3.0/above, ET items 5-8, 15-17.	

Student Learning Outcome 2: Students will develop an ability to critically evaluate the research			
literature and demonstrate an understanding of the relationship between research results and clinical			
decision-making.			
Assessment	Benchmark		
Formal Client Presentation (FCP)	100% of graduating students will score 80%/ above on item		
6			
Comprehensive Exam 1 (C1)	100% of students will score 3.0/above on items 2, 3		
End of Term Practicum Evaluation (ET)	100% of students will score 3.0/above, ET items 13-15.		

Student Learning Outcome 3: Students will gain an understanding of the core theoretical assertions		
of couples and family therapy and will critically assess their own systems-oriented theory of change.		
Assessment Benchmark		
Formal Client Presentation (FCP)	100% of graduating students will score 80%/ above on FCP	
	items 3-7	
Comprehensive Exam 1 (C1)	100% of students will score 80%/above, CI items 1, 3.	
End of Term Practicum Evaluation (ET)	100% of students will score 3.0/above, ET items 12-15	

Student Learning Outcome 4: Students will develop attitudes that value human diversity, will practice		
culturally-sensitive analysis and critical self-awareness when counseling diverse populations, and will		
demonstrate cultural competence in all professional activities.		
Assessment	Benchmark	
Formal Client Presentation (FCP)	100% of graduating students will score 80%/ above on FCP	
items 1, 2, 7		
Comprehensive Exam 1 (C1)	100% of students will score 80%/above, CI items 2, 3.	
End of Term Practicum Evaluation (ET)	100% of students will score 3.0/above, ET items 11, 14.	

Student Learning Outcome 5: Students will develop an understanding of the unique systemically-			
oriented assessment and intervention competencies, will apply them effectively in practice, and will			
critically evaluate their own practice.			
Assessment	Benchmark		
Formal Client Presentation (FCP)	100% of graduating students will score 80%/ above on FCP		
	items 1, 2, 7.		
Comprehensive Exam 2 (C2)	100% of students will score 3.0/above on all pertinent		
	sections of exam		
End of Term Practicum Evaluation (ET)	100% of students will score 3.0/above, ET items 2, 4, 10,		
	14-17.		

## **Assessment Process**

Due to accreditation requirements, practicum data are routinely collected and stored in the college's assessment system, Tk20. Other required data are part of student's academic records/files (i.e., FCP, C1, C2).

For the purposes of this accreditation, the faculty will look at the following Learning objects annually:

Learning Objective	AY 18-19	AY 19-20	AY 20-21	AY 21-22	AY 22-23
LO1	Х		Х		Х
LO2	Х		Х		Х
LO3	Х		Х		Х
LO4		Х		Х	
LO5		Х		Х	

#### Status, Outcomes and Results

The program faculty meet three times monthly during the academic year to review information from students and graduates (e.g., COE Exit Survey, Appendix P, COAMFTE self study) about their experience in the program. Additionally, the program faculty meet in an annual day-long retreat for the purposes of program review and quality improvement. Faculty also meet once per term with the CFT student advisory group (Community Advisory Group) for the purpose of student-faculty feedback loops, ongoing climate assessment, and continuous improvement. Additionally, CFT faculty meet twice annually with the CFT Alumni Advisory Group. Per our COAMFTE self-study and national accreditation agreements, the program faculty review all pertinent available information and discuss ways to support and enhance our effectiveness. Changes and improvements may include academic policy changes, changes in practicum policies and procedures, or addition of student supports.

#### **Decisions, Plans and Recommendations**

In order to ensure high program quality and to monitor necessary program improvements, we routinely review our Student Learning Outcomes and Family Therapy Principles through a process of self-review and direct feedback from our Communities of Interest. Our Communities of Interest include: students and alumni, members of the public who seek our services, the Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT), social service organization administrators and internship supervisors, underrepresented populations, and our own faculty.

Our review process is routine, planned, and designed to gather data at multiple time points. Student Learning Outcomes, Faculty Outcomes and Program Outcomes are reviewed at regular time points. This is summarized in the following table:

Outcome	Review Time Points	Measurement	Community of Interest
Student	1. every term, course level	1. course	1. faculty and adjunct instructors
Learning	2. 4 terms, 2 <sup>nd</sup> year,	assignments,	2. faculty and externship
Outcomes	Advanced Practicum,	course grades	site supervisors
	course level	2. End of Term	3. faculty and adjunct instructors
	3. annually, prior to	Practicum Evaluation	
	client contact	3. Comprehensive Exams	
Faculty Outcomes	<ol> <li>twice yearly at retreats, course level</li> <li>annually</li> <li>annually, at time of graduation</li> <li>annually</li> </ol>	course evaluations     & Site Supervisor     Term Evaluation     faculty annual review     COE Exit Survey     Employer Survey	<ol> <li>students</li> <li>faculty/self &amp; Department Head</li> <li>students</li> <li>alumni employers, agency administrators</li> </ol>
Program	1. annually, post-graduation,	1. Employer Survey	1. employers,
Outcomes	2. annually, final term	2. COE Exit Survey	agency
	3. annually, final term	3. Client Presentation	administrators
		4. Student Exit Interviews	2. graduating students
			3. Alumni (represented by
			advisory council)

Approximately 80% of our graduating students complete exit interviews with their advisor or other faculty member of their choosing to give feedback regarding program strengths and areas for

improvement. Exit interview questions are structured to give feedback on specific outcomes. Information from Exit interviews are reviewed at each CFT faculty summer retreat as they relate to changes for the upcoming year.

The program has also reached out to alumni representing a wide range of our past cohorts. This alumni advisory council meets twice per year to discuss alumni involvement, possible program updates, and community needs related to the profession. Minutes are collected at each Alumni Council meeting.

We continue to seek annual feedback from employers related to program outcome one as a part of our Employer Survey. We also review faculty and adjunct instructor evaluations twice yearly at our winter and summer staff retreats in order to inform changes to courses in which students indicate areas for improvement.

In additional to the review process described above, CFT Educatioal Outcomes are often discussed in CFT faculty and staff meetings. CFT faculty meet three times/month during the academic year to discuss the operations of the program, to consider the educational guidelines, communities of interest, and to support the advancement of the program. Pro tem instructors share one meeting per term with the core faculty in order to provide feedback on their courses and discuss potential areas for addition or improvement. Minutes are captured at each staff meeting where confidential issues are not discussed